

March 2, 2025 / Sunday of Cheese Fare / T one 8

Glory to Jesus Christ! / Glory to Him Forever!

¡Gloria a Cristo! / ¡Gloria a Él para siempre!



**Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix
Most Reverend Artur Bubnevych**

**Our Lady of Perpetual Help Byzantine Catholic Church
1837 Alvarado Dr. NE, Albuquerque, NM 87110 Parish office: (505) 256-1539
www.olphnm.org**

OFFICE HOURS:

Monday—Friday 10:00 am—4:00 pm
Thursday OFF

Advisory Board

Fr. Chris Zuger, Dan Riley, Rafael Plut,
Jeff Brewer, Michael Grega, Alicia Wells

Finance Council

Matthew Blain, Maria Alden

**Father Christopher Zuger
Administrator
(505) 256-1787**

**Frchris.zuger@gmail.com
www.frchriszuger.com**

**Father Tyler Strand
(516) 661-0883
tylerastrand@yahoo.co.uk**

May the Lord Bless your kindness and
generosity to His House!

ONLINE GIVING / ONLINE TITHING

is available on our website:

For those parishioners who can't attend in person or traveling or anyone who find this more convenient, we just set up a new way to tithe online using your credit card or debit card information. You can do a one-time donation or setup weekly donations!! You will receive a receipt and statement immediately after donating. The software takes a very small percentage of the donation, but its worth it for the ease of the system. You can donate using your computer / smartphone at [ps://www.olphnm.org/giving](https://www.olphnm.org/giving).

Confession (Mystery of Reconciliation):

9:00—10:00 am on Sundays, before or after weekday Liturgies, or by appointment with Father

Mysteries of Baptism/Chrismation/Eucharist:

Must be arranged three months in advance.
(Pre-Jordan requirement)




Mystery of Crowning:

Must be arranged six months in advance
(Pre-Cana requirement)

Sick and Shut-Ins: It is the family's responsibility to notify the parish office when a parishioner is in the hospital or confined to home because of sickness or old age. Father will bring the confined person the Holy Mysteries on a regular basis. It is recommended that one receive the Anointing of the Sick before any major surgery. Please don't let the priest be last to know that someone is ill!

**Welcome to our Church! If you are looking for a spiritual home, contact
Fr Chris or the office staff for more information. God bless you!**

Romans 12:11-14:4; Matthew 6:14-21

- 8:30 am Rosary
- YouTube Live** 9:00 am Matins & Confessions
10:00 am Divine Liturgy / Intention for the Parishioners of OLPH
Ordination of Michael Grega to Subdiaconate
- ECF Classes** Eternal Lamp: Holy Protection of the Mother of God over People of Ukraine
- Mar 3 Mon** ***First Day of the Great Fast / Eutropius & Others Martyrs***
Gen 1:1-13; Prov 1:1-20
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- 6:00 pm Presanctified Liturgy
- Mar 4 Tue** ***Gerasimus Venerable / Gen 1:14-23; Prov 1:20-33***
- 6:00—7:30 pm Lord Teach Me to Pray Women's group meeting
- Mar 5 Wed** ***Conon Martyr / Gen 1:24-2:3; Prov 2:1-21***
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- 4:00-6:00 pm Catechesis of the Good Shepherd
6:00 pm Presanctified Liturgy
- Mar 6 Thu** ***42 Martyrs of Ammorium / Gen 2:4-19; Prov 3:1-18***
- 6:00 pm Apologetics Club
- Mar 7 Fri** ***Basil and Others Bishop Martyrs of Cherson / Gen 2:20-3:20; Prov 3:19-34***
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- 9:00 am Prayer & Witness in front of abortion clinic on Lomas
6:00 pm Presanctified Liturgy / Potluck dinner after Liturgy
- Mar 8 Sat** ***Commemoration of the Miracle of the Great-Martyr Theodore***
Heb 1:1-12; Mk 2:23-3:5
- 9 am –12 noon church cleaning
10:30 am—4:00 pm Explorers Youth Group
- Mar 9 Sun** ***1st Sunday of the Great Fast / Forty Holy Martyrs of Sebaste***
Heb 11:24-26.32-12:2; Jn 1:43-51
- 4:00 pm Great Vespers
Hebrew Scriptures for Sunday: Isaiah 43:9-14; Wisdom 3:1-9; Wisdom 5:15-6:3
5:00 pm Divine Liturgy / +Sven Svensson by Philip Leahy
- 8:30 am Rosary
9:00 am Matins & Confessions
- YouTube LIVE** 10:00 am Divine Liturgy /Intention for the Parishioners of OLPH
- ECF Classes** Eternal Lamp: Holy Protection of the Mother of God over People of Ukraine

YOUTUBE LIVE-STREAMING: OLPH Sunday / Holy Day Liturgies are available on YouTube. The link is <https://youtube.com/c/olpimedia>. Please click the "Subscribe" button to make it easier for you to find the channel in the future. Please, send your feedback about the quality of the live stream / comments / suggestions to Dan Riley: riley.dan@gmail.com

Remember Those Who Request Our Prayers:

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they may glorify your might divine

Sharif Rabadi	Harry & Barbara	Jordan Smith
Jenny Ford	De Lap	Janet Worthington
Marilyn Fore	Irene Bradley	Patti Klinkovsky
Barbara Svensson	Soriah Chavez	Matt Williamson
Laurie Bienz	Abraham Haddad	James Epstein
Brent Dodson-	Marianne Gerace	Katy Ford
Sands	Michael Baron	Madalyn Davis
Lara Davis	Jessica Pieniadz	Rebecca Russo
Carol Donlin	Rhonda Glasscock	Jacob McTernan
Marcie Dark	Amber Roybal	Paola Terlaza
Fr Chris Zuger	Philip Leahy	Vicki Frank
Fr Robert Rankin	Juanita Montoya	Emily
Fr. Steve Washko	Linda Granci	Wojciechowski
Buster Miscusi	Christopher	Fr Joel Barstad
Richard Jacobs	Barlow	Fr. Joseph Wargaki
Lourdes Lasin	Joel Ford	Fr James Bankston
	Andrew Martinez	Killian Parker

Intentions of the Rosary:

- 1st Decade: Help for persecuted Catholics, especially in communist and Islamic states
- 2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church
- 3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church
- 4th Decade: Repose of the souls who have no one praying for them
- 5th Decade: Healing of the sick in body, mind and soul

Holy Father's Intentions / March For families in crisis

Let us pray that broken families might discover the cure for their wounds through forgiveness, rediscovering each other's gifts, even in their differences

“Where your treasure is, your heart will be also”. It is easy to mistake what our true treasure is, and we need wisdom and insight to see clearly. In today's kontakion we sing that God is the “guide to wisdom and giver of insight”. Is he guiding you to a vocation to the religious or ordained life? As you pray and seek wisdom, consider contacting the Vocations Office at 602-861-9778 or email: vocations@ephx.org



Vocation Icon

Today: Kendrick Sena Family
Next Sunday:
Fogg Family

Coming Events—Mark Your Calendars Now

March 9, 2025

Cantor: Andrea Riley

Reader: Brook Jilek

Altar Server: Sbdcn Michael
Grega

Counters: Mary Blain &
Ann Rajala

Propers for 3/9/25

1st Sunday of Great Fast

Sunday of Orthodoxy

40 Martyrs of Sabaste

Tone 1

Typical Psalms & Beatitudes -
16, 17 & 23

Troparion (Tone 1) - 125

Troparion (Holy Icons) - 220

Troparion (Martyrs) - Cantors
v. Glory...

Kontakion (Holy Icons) - 220
v. Now & Ever...

Theotokion - 406

Prokeimenon & Alleluia - 221

Instead of 'It is Truly Proper' -
221

Our Father- 66

Communion - 78 & 213 [A]

The OLPH Prayer Warriors

make intercessory prayer a daily commitment. We pray voluntarily and without bias; that is, we take to the Blessed Trinity the requests that come our way.

The Prayer Warriors meet on Zoom every Sunday at 9:30 a.m. for the meetings. **If you would like to join the Prayer Warriors**, would like additional information, and/or would like for us to pray for your intentions, please contact

Lara Davis at
crowhopdavis@yahoo.com

Mon Mar 10	6:00 pm Advisory Board Meeting
Sat Mar 15	2nd All Souls Saturday 9:00 am Divine Liturgy / Panachida
Mon Mar 17	Pysanky Workshop 12 noon—3:00 pm
Sat Mar 22	3rd All Souls Saturday 9:00 am Divine Liturgy / Panachida
Tue Mar 25	Annunciation of the Theotokos Solemn Holy Day 6:00 pm Divine Liturgy
Wed Mar 26	MID LENT 6:00 pm Presanctified Liturgy
Sat Mar 29	4th All Souls Saturday 9:00 am Divine Liturgy / Panachida
Thu April 3	Great Canon of St. Andrew of Crete
Sat Apr 12	Saturday of Lazarus

We will be singing the "Holy God" and the "Holy, Holy, Holy" in Church Slavonic through Great Lent. The words are on the last page of the hymnal that is in the pew boxes along with a pronunciation guide.

This is the original language used by the Byzantine Catholics of Carpathian Rus', Hungary, Slovakia, and Ukraine, both in worship and in daily use at the time of Saints Cyril and Methodius.

Alicia's Hall Report

Sunday's meal was so yummy- Rita thank you for the delicious beef and red chile enchiladas!!! And thanks to all who brought sides and helped run the social and clean up. I heard it was a great clean up crew! Please sign up to host or help with a **meatless** and **dairy free** social meal during the Great Fast. I have some theme ideas posted, but you can sign up for whatever vegan meal you'd like to bring! <https://www.signupgenius.com/go/10C054AAAAA2AA4F94-olph#/> Have a blessed first week of the Great Fast!

WELCOME TO Bishop John Pazak who is serving us during Great Lent through Saint George's Day (April 23). He is a Redemptorist priest-monk, who previously served as the bishop of the eparchy of Saints Cyril and Methodius in Canada, and as our fifth eparchial bishop in 2016-2021. He is living in the rectory. ***Father Tyler will continue to be available for you and to help us until he moves to Chicago.***

Albuquerque, NM Catholic Schoolhouse, a local, classical, homeschool program, is currently registering students for the 2025-2026 academic year. More than an academic co-op, we strive to grow in virtue and holiness together as a community. **Catholic Schoolhouse is a structured program meeting weekly for homeschoolers that includes chorus, two hours of classroom instruction, science experiments, art projects, and opportunities for socializing after class including field trips and parties. There are programs available for students 3 years old through 9th grade.**

Please join us for an **informational session and open house on Thursday March 6** at 6pm at Our Lady of Guadalupe Parish Hall (1860 Griegos Rd NW) to learn more about this program. There will be time to tour our classrooms with immersive mock class sessions, review the curriculum, and to ask questions about the program. Kindly RSVP to albuquerquenm@catholicschoolhouse.com.

2025 Pysanky Workshops

OLPH will again host workshops for anyone interested in creating pysanky (Ukrainian Easter eggs). The workshops are open to all skill levels (children do need a supervising adult) and will be held January-March at the following dates from **12-3pm** in the parish hall: **March 17 & 22. All OLPH Parishioners receive a 50% discount of workshop participation fee.** Workshop space is limited, so please sign up at <http://tinyurl.com/olph-pysanky> or by contacting Andrea Riley at 505-220-9137 or andrea.riley@gmail.com

MANDATORY SAFE ENVIRONMENT ONLINE TRAINING FOR ALL THE VOLUNTEERS

Reminder: PLEASE, CHECK your Safe Environment Compliance Certificate Expiration date. Please note that Online Virtus training for many will be expiring within August-Sept-October.

The Eparchy's revised Safe Environment Policy no longer allows for lapses in compliance - either in Virtus training or in background screenings - for ALL OLPH VOLUNTEERS AND EXPLORER YOUTH GROUP LEADERS. Anyone falling out of compliance at any point must immediately cease from their designated area of service at OLPH until such time as they are in compliance once again. No one - not members of the clergy, volunteers, educators, employees etc. - may serve for even one day when out of SEP compliance. Thank you for your vigilance in this matter.

FORTY DAYS FOR LIFE takes place every Lent, and asks pro-life people to witness in front of abortion clinics so as to inspire parents to turn around and spare their children. **We are asked in particular to witness on March 7 and April 4.** The designated clinics are Mega Planned Parenthood at 4630 Eubank Blvd NE, and the late-term abortion clinic Southwest Womens Options at 522 Lomas Blvd NE, where **babies are killed even in the ninth month of pregnancy.**

Good Shepherd St. Patrick's Day Dinner Celebration: at Nativity of the Virgin, 9502 Fourth St NW on March 17, 4—8 pm, benefiting Good Shepherd Center.

Today is also called Forgiveness Sunday. In our Byzantine-Ruthenian tradition, **the superior of the house in monasteries always asks forgiveness every night at Compline from the monks or nuns. In return they both grant forgiveness and ask it of their superior. This is done for the parishes on this day,** with the mutual ceremony taking place between pastor and people.

We remember the tragedy of Original Sin, by meditating on the expulsion of Adam and Eve from Paradise. Humanity is burdened with the desire to sin as a result, called *concupiscence*, or the desire to do things which reason should tell us not to do. The icons show Adam and Eve, having lost their innocence, being clothed in animal skins and the door to Paradise shut behind them by the angels. Only Christ's Incarnation and saving death and resurrection which we are preparing for will restore our links with God and open the door to salvation. **Remember that Jesus teaches us that if we forgive others, God will forgive us (Matthew 6:14-16).** There can be no true fasting or repentance if we persist in holding on to our anger and refuse to be reconciled with each other.

In baptism the guilt of original sin is wiped out and the soul is cleansed and justified again by the infusion of sanctifying grace. But freedom from concupiscence is not restored to man, any more than immortality; abundant grace, however, is given him, by which he may obtain the victory over rebellious sense and deserve life everlasting.



Every candle was lit last Sunday by the icons of the Mother of God and the Saints! Thank you to all who come here to pray, asking for blessings from the hand of the Lord.