

February 16, 2020 Tone 3  
Sunday of Meat Fare / 1 Cor 8:8-9:2; Mt 25:31-46

Glory to Jesus Christ! / Glory to Him Forever!  
¡Gloria a Cristo ! / ¡Gloria a Él para siempre!



Daniel the prophet, a man greatly beloved, having seen the power of God, cried out: God is seated in judgment, and the books are opened. O my soul, if you fast, do not deceive your neighbor. If you abstain from food, do not judge others, lest you go to be burned like wax in the fire, But may Christ lead you freely to his heavenly kingdom

(from Meatfare Vespers)

Open to me the doors of repentance, O Giver of life. As we worship in your temple this morning, teach us how to purify the temples of our bodies, and in your compassion, purify me by the goodness of your mercies (from Meatfare Matins)



**Holy Protection of Mary Byzantine  
Catholic Eparchy of Phoenix  
Bishop: His Grace John Pазak C.Ss.R**

**Our Lady of Perpetual Help  
Byzantine Catholic Church  
1837 Alvarado Dr. NE, Albuquerque, NM 87110  
Parish office: (505) 256-1539**



**Father Artur Bubnevych, Pastor  
Rectory (505) 268-2877  
abbaolph@gmail.com**

**Father Christopher Zuger  
pastor emeritus  
(505) 256-1787  
Frchris.zugger@gmail.com  
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**Father Tyler Strand  
in residence  
(516) 661-0883  
tylerstrand@yahoo.co.uk**

**OFFICE HOURS:**

Monday—Friday 10:00 am—4:00 pm  
Thursday OFF

**THEOSIS:** 2nd & 4th Thursday  
Pot Luck Dinner 6:00 pm  
Bible Study 6:45 pm

**Eastern Christian Formation Program:** All grades meet every Sunday after Liturgy for 45 minutes (September through May)

**Advisory Board**

Fr. Chris Zuger, Dan Riley, Rafael Plut,  
Jeff Brewer, Michael Grega, Alicia Wells

**Finance Council**

Matthew Blain, Maria Alden

**Confession (Mystery of Reconciliation):**  
9:15—10:00 am on Sundays, before or after weekday Liturgies, or by appointment with Father

**Mysteries of Baptism/Chrismation/Eucharist:**  
Must be arranged three months in advance.  
(Pre-Jordan requirement)

**Mystery of Crowning:**  
Must be arranged six months in advance  
(Pre-Cana requirement)



**Sick and Shut-ins:** It is the family's responsibility to notify the parish office when a parishioner is in the hospital or confined to home because of sickness or old age. Father will bring the confined person the Holy Mysteries on a regular basis. It is recommended that one receive the Anointing of the Sick before any major surgery. Please don't let the priest be last to know that someone is ill!

**OLPH Prayer Warriors**

Sunday 9:30 am in the conference room. Send your prayer requests to Patricia at [pcb@unm.edu](mailto:pcb@unm.edu)

Feb. 23 Desert Wilderness  
March 1, Apple(s)  
March 8, Climbing Mountains  
March 15, Lamb  
March 22, Righteousness  
March 29 Pomegranate(s)

Welcome to our Church! If you are looking for a spiritual home, contact Father Artur/  
Fr Chris or the office staff for more information. God bless you!

- Today**                    **8:30 am Rosary**  
                                 **9:00 am Matins & Confessions**  
                                 **10:00 am Divine Liturgy for Parish Family, Benefactors and Friends**
- ECF Classes**           **Fr. Chris: Intention of Perez-Santiago Family**  
                                 **Eternal Lamp: Health of Gabriel Doherty by Cielo Doherty**
- February 17**            ***Theodore the Recruit Great-Martyr / 3 John 1:15; Luke 19:29-40 & 22:7-39***  
**Monday**
- 9:00 am +Nancy Loritch by Pam & Linda (40th day commemoration)  
                                 6:00 pm Advisory Board Meeting
- February 18**            ***Leo the Great Pope / Jude 1:10; Luke 22:39-42 & 45-23:1***  
**Tuesday**
- 9:00 am +Msgr. Francis Xavier Eggert by Mary Alice Cooper  
                                 6:30 pm CAFE meeting at UNM
- February 19**            ***Archippus Apostle / Joel 2:12-26; Joel 4:12-21***  
**Wednesday**
-  5:30 pm OLPH Devotions  
**No Liturgy**
- February 20**            ***Leo of Catania Bishop / Jude 11:24; Luke 23:1-34 & 44-56***  
**Thursday**
- February 21**            ***Timothy Venerable / Zechariah 8:7-17; Zechariah 8:19-23***  
**Friday**
-  9:00 am Prayer and witness in front of Abortion Clinic on San Mateo  
**No Liturgy**
- February 22**            ***All Holy Ascetical Fathers & Mothers / Romans 14:19-26; Matthew 6:1-13***  
**Saturday**
- February 23**            ***Sunday of Cheesefare / Romans 13:11-14:4; Matthew 6:14-21***  
**Sunday**
- 4:00 pm Great Vespers  
                                 5:00 pm God's Blessing on Emily A. Kolb by Derek Kolb  
                                 Rite of Mutual Forgiveness
- ECF Classes**           **8:30 am Rosary**  
                                 **9:00 am Matins & Confessions**  
                                 **10:00 am Divine Liturgy for Parish Family, Benefactors and Friends**  
                                 **Rite of Mutual Forgiveness**  
                                 **Fr. Chris: Bucalo Family**  
                                 **Eternal Lamp: Intention of Bryan & Cielo Doherty**

## Remember Those Who Request Our Prayers:

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they may glorify Your might divine.

Sharif Rabadi	Fr. Julian Gnall	Paola Terlaza
Jenny Ford	Abraham	Ruth Sousa
Priscilla Hughes	Haddad	Linda Granci
Steve Jakymiw	Phillip Fall	Kris Nelson
Marilyn Fore	Olga Bodnar	Vicki Frank
Sven & Barbara	Marianne	Christopher
Svensson	Gerace	Barlow
Laurie Bienz	Paula Amrein	Tracy McTernan
Brent Dodson-	Lori Medina	Scott Fafrak
Sands	Michael Baron	Jordan Smith
Fr. Stephen	Dorothy Curl	Rebecca Lyons
Casmus		



Vocation Icon

Today: Riley Family

Next Sunday: MartinezFamily

Prayers in honor of and to the Blessed Virgin are a powerful weapon against sin, and for healing. If you recite the Rosary at home, please offer these intentions, and join us on Sunday at 8:30 am. Those who recite the Akathist to the Mother of God or the Rosary receive a partial indulgence when they do so in private, plenary indulgence when they do so as a group.

### Intentions of the Rosary

- 1st Decade: Help for persecuted Catholics, especially in communist and Islamic states
- 2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church
- 3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church
- 4th Decade: Repose of the souls who have no one praying for them
- 5th Decade: Healing of the sick in body, mind and soul



### Holy Father's Intentions for February Listen to the Migrants' Cries

We pray that the cries of our migrant brothers and sisters, victims of criminal trafficking, may be heard and considered.

**Special Collection for Aid to the Church in Central & Eastern Europe, Sunday February 23rd** Through Bishops' Conferences in Central and Eastern Europe and the ex-Soviet Union, this aid assists in the training of seminarians and lay church leaders, Church-sponsored social service programs, youth ministry, pastoral and catechetical centers, school and church construction/renovation, and evangelization through the use of Catholic Media. 100% of the proceeds go to the Office of National Collections for the Church in Eastern Europe

**40 Days for Life** by PDL in Albuquerque - a peaceful prayer vigil at Planned Parenthood's abortion mill at 701 San Mateo Blvd starts on Wednesday February 26th. Our Parish is scheduled on **Friday February 28th** and Friday **April 3<sup>rd</sup>**. Thanks to your support, PDL has been able to host this event every spring and fall and lives have been saved each time. In the mean time before 40 Days for Life begins ... Sidewalk Advocates greatly appreciate having prayer partners and they invite you to join them at the following times and locations ... Tuesday - Thursday from 7-10 AM at Southwest Women's Options (the late term abortion mill) at 522 Lomas Blvd (west of I-25) ... and Tuesday and Friday from 8-11 AM at Planned Parenthood at 701 San Mateo Blvd.

**All Women** - mark your calendars and plan to attend our annual Ladies Brunch and Lenten Video Retreat to take place on Saturday, March 7th from 11 am - 1:30 pm at the Loescher's. Contact Cindy for more information

### **Barbara's Hall Report**

Thanks to Amanda & Sebastian Martinez for making two big roasters full of very tasty jambalaya served over rice. It was delicious and they got many compliments on it. Also served was lots of French bread and a salad to go with it. Thanks again! It was so great!

May the Lord Bless your kindness and generosity to His House!

### **February 23, 2020**

Cantor	Andrea Riley
Reader	Gabriel Garcia
Trojca	Eva Riley
Greeter	Dan Riley
Usher	Dan Riley Jeff Brewer
Counter	Cindy Loescher Ann Rajala
Host	Jilek Family
Church Cleaners	Tom Plut Michael Paul Mary Blain
Altar Servers:	Michael Grega Daniel Fogg Colin Herring Jerry Jilek Cyrus Dodson-Sands Abel Gloetzner Mikey Grega

## Coming Events—Mark Your Calendars Now

<b>Monday Feb 24</b>	<b>Start of the Great Fast</b> 6:00 pm Presanctified Liturgy with Anointing
<b>Sunday March 1</b>	<b>Sunday of Orthodoxy</b> 10:00 am Divine Liturgy / Procession with Icons / Blessing of Icons
<b>Sat March 7</b>	9:00 am 2nd All Souls Saturday
<b>Thur March 12</b>	Nutroll baking
<b>Sat March 21</b>	Holubki making
<b>Wednesday March 25</b>	<b>Annunciation of the Theotokos/Solemn</b> 6:00 pm Vigil Liturgy of St John Chrysostom
<b>Thursday March 26</b>	<b>7:00 pm Great Canon of St. Andrew</b>
<b>Saturday May 2</b>	<b>10:00 am—4:00 pm Annual Byzantine Bazaar</b>

## Cantor Corner

Propers for 2/23/20

**Cheesefare Sunday, 1st & 2nd  
Finding of the Head of John  
the Baptist**

**Tone 4**

**Troparion (Tone 4) - DL 141  
Troparion (Baptist) - Cantors  
v. *Glory...***

**Kontakion(Cheesefare) - DL  
218**

**v. *Now & Ever ...***

**Theotokoion- DL 406**

**Prokeimenon & Alleluia - DL  
219**

**Our Father- DL 69**

**Communion Hymn - DL 78 &  
381 [A]**

### Father Chris coming talks:

**On Monday March 2**, Father Chris will participate in the Catholic Expo at UNM in the Student Union Building. At 12:30 pm, he will speak about the Eucharistic Miracles, "Science, Christ's Heart, and the Miracles." The Expo will include relics of saints, church treasures, and a large display on the Eucharistic Miracles approved by the Church.

**On Wednesday, March 4**, Father Chris will present "Hitler's Pope? The Black Legend of Pope Pius XII" in which he will tackle the accusations that the pope did not help the Jews during the Holocaust. This will be at Annunciation parish hall, at 6:30 pm. This is a recurring attack on the Catholic Church and Pius XII, so come and find out the truth.

**Pysanky Workshops:** OLPH will host a series of instructional workshops for those interested in learning how to make pysanky (decorated Easter eggs). The workshops will be held twice a month from January-March and are open to all (children do need a supervising adult). Supplies are needed for all participants, so please RSVP with Andrea Riley: 505-220-9137 or [andrea.riley@gmail.com](mailto:andrea.riley@gmail.com). Monday evening workshops will be held on 2/10, & 3/9 at 6pm. Saturday morning workshops will be on 2/29, & 3/28 at 9am

**FYI: updated info to contact our brother in Christ Noel Bustillos**

[Noelbustillos7@gmail.com](mailto:Noelbustillos7@gmail.com)

Redemptorist House of Studies

422 Saint Germain Avenue

North York, Ontario

M5M 1W7 Canada

## MEAT-FARE SUNDAY

“Do you want to honor Christ’s body? Then do not scorn his nakedness, nor honor him here in the church with silken garments while neglecting him outside where He is cold and naked. Give him the honor prescribed in his law by giving riches to the poor. God does not want golden vessels, but golden hearts.

I am not forbidding you to make such gifts. I am only demanding that along with such gifts and before them you give alms. Christ accepts the former, but He is more pleased with the latter. In the former., only the giver profits; in the latter, the recipient also profits. A gift to the church may be taken as ostentatious, but alms are pure kindness.

Of what use is there to weigh down Christ’s table with golden cups, while He himself is dying of hunger? First, fill him when He is hungry; then use the means you have left to adorn his table. Will you have a golden cup made, but not give a cup of water. What is the use of providing the table with woven of gold thread, and not provide Christ with the clothes He needs? What profit is there in that? Tell me: if you were to see him lacking the necessary food, but were to leave him in that state and merely surround his table with gold, would He be grateful to you or rather would He not be angry? What if you were to see him clad in worn-out rags and stiff from the cold, and were to forget about clothing him and instead were to set-up golden columns for him, saying that you were doing that in his honor? Would He not think He was being mocked and greatly insulted?

Apply this also to Christ when He comes along the roads as a pilgrim looking for shelter. You do not take him as your guest, but you decorate floor and walls and the capitals of the pillars. You provide silver chains for the lamps, but cannot bear even to look at him as He lies chained in prison. Once again, I am not forbidding you to supply these adornments; I am urging you to provide these other things as well, and indeed to provide them first. Do not adorn the church and ignore your afflicted brethren, for they are the most precious temple of all. (St. John Chrysostom)

Today was the last day to eat meat, thus the name “Meat-Fare”. Then this week was the time to use up all the dairy products in the house. The Fast of Cheesefare Week is a preparation for the Great Fast. This week, the structure of the church services changes, music becomes more solemn, and abstinence from meat is introduced on Wednesday as well as Friday. For those who will follow the strict fasting regulations, this is also the week in which to eliminate dairy products from the kitchen, so that by next Sunday, there will be none left.

For daily prayers, the **Prayer of Saint Ephrem is added on Monday, Wednesday, and Friday. The prayer is said in three verses, each verse followed by either a deep bow, or kneeling on the floor and lowering one’s head.**

**This Saturday is the Day of All Holy Ascetics.** All of the men and women of the era of the Desert Fathers are remembered. The Divine Office speaks of their abstinence from meat, their fasting from foods from sunrise to sunset in the Lenten periods, their penances. But the main thing is their heroism in prayer and charity, without which all of the penances are worthless. ***They must be done for the glory of God, for repentance of our own sins, for the sins of the world which rejects God, and as an act of love for God.*** Whatever you are planning to do for Lent, do it with that last sentence above in mind (Fr Chris Zuggler).

OLPHer Dorothy Curl nominated ABQ volunteer of the month in the spirit of St Nicholas!

