

July 25, 2021, Tone 8
9th Sunday After Pentecost / Dormition of St. Anna
Christ is Among Us! He is and Always Shall Be!



Holy Great-Martyr and Healer Panteleimon, you are imitator of God's mercy! Look down in thy loving kindness and hearken unto us, sinners, who offer heartfelt prayers before thy holy icon. Ask for us from the Lord God, before Whom the Angels stand in heaven, remission of our sins and transgressions. Heal the ills of body and soul of the servants of God whom we here commemorate, who are here present, and of all Orthodox Christians who seek thy help.

Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix
Bishop: His Grace John Pazak C.Ss.R

Our Lady of Perpetual Help Byzantine Catholic Church
1837 Alvarado Dr. NE, Albuquerque, NM 87110 Parish office: (505) 256-1539

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Father Christopher Zegger
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Father Tyler Strand
(516) 661-0883
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OFFICE HOURS:

Monday—Friday 10:00 am—4:00 pm
Thursday OFF

THEOSIS: 2nd & 4th Thursday
Bible Study 6:45 pm / Zoom

Advisory Board

Fr. Chris Zegger, Dan Riley, Rafael Plut,
Jeff Brewer, Michael Grega, Alicia Wells

Finance Council

Matthew Blain, Maria Alden

Confession (Mystery of Reconciliation):

9:15—10:00 am on Sundays, before or after weekday Liturgies, or by appointment with Father

Mysteries of Baptism/Chrismation/Eucharist:

Must be arranged three months in advance.
(Pre-Jordan requirement)

Mystery of Crowning:

Must be arranged six months in advance
(Pre-Cana requirement)


Sick and Shut-Ins: It is the family's responsibility to notify the parish office when a parishioner is in the hospital or confined to home because of sickness or old age. Father will bring the confined person the Holy Mysteries on a regular basis. It is recommended that one receive the Anointing of the Sick before any major surgery. Please don't let the priest be last to know that someone is ill!

May the Lord Bless your kindness
and generosity to His House!



Welcome to our Church! If you are looking for a spiritual home, contact Father Artur/Fr Chris or the office staff for more information. God bless you!

1 Corinthians 3:9-17; Matthew 14:22-34

- Live streaming through YouTube** 8:30 am Rosary ; 9:00 am Matins & Confessions
10:00 am Divine Liturgy for Parish Family, Benefactors and Friends
Fr. Chris: +Linda Adamsko by sister Pam Pettit
Eternal Lamp: Intention of Christine Paul by A Friend in Christ
- July 26 Mon** ***Hermolaus & Others Priest-Martyrs / 1 Corinthians 15:12-19; Matthew 21:18-22***
9:00 am +Bishop Gerald Dino
- July 27 Tue** ***Panteleimon Great Martyr / 1 Corinthians 15:29-38; Matthew 21:23-27***
9:00 am Holy Protection for the USA by Svenssons
- July 28 Wed** ***Prochons & Others Apostles / 1 Corinthians 16:4-12; Matthew 21:28-32***
4:30—5:45 pm Philokalia Prayer and Discussion Group
5:30 pm OLPH Devotions
6:00 pm +Tina Allen Bushel by Svenssons
- July 29 Thu** ***Callinicus Martyr / 2 Corinthians 1:1-6; Matthew 21:43-46***
6:00 pm Teens can ask a Priest anything session with Fr. Chris
- July 30 Fri** ***Silas & Others Apostles / 2 Corinthians 1:12-20; Matthew 22:23-33***
 9:00m am Prayer & witness in front of abortion clinic on San Mateo
6:00 pm +Igor Castillo by Debbie Sanchez
- July 31 Sat** ***Eudocimus Vinerable / Romans 15:30-33; Matthew 17:24-18:4***
- Aug 1 Sun** ***10th Sunday After Pentecost / Procession of the Cross
1 Corinthians 4:9-16; Matthew 17:14-23***
4:00 pm Great Vespers YOUTUBE LIVE STREAM
Hebrew Scriptures for Sunday: Wisdom 3:1-9; Wisdom 5:15-6:3; Wisdom 4:7-14
5:00 pm Divine Liturgy / Small Blessing of Water / +Andrew & Helen Borowitz by Svenssons
- Live streaming through YouTube** 8:30 am Rosary
9:00 am Matins & Confessions
10:00 am Divine Liturgy for Parish, Benefactors and Friends /Small Blessing of Water
Fr. Chris: +Fr. Graham Golden by Pam Pettit
Eternal Lamp: Dallas Jenkins Family by Gloetzner Family

YOUTUBE LIVE-STREAMING: OLPH Sunday / Holy Day Liturgies are available on YouTube. The link is <https://youtube.com/c/olpimedia>. Please click the "Subscribe" button to make it easier for you to find the channel in the future. Please, send your feedback about the quality of the live stream / comments / suggestions to Dan Riley: riley.dan@gmail.com

Remember Those Who Request Our Prayers:

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they may glorify your might divine

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| Sharif Rabadi | Buster Miscusi | Paola Terlaza |
| Jenny Ford | Harry & Barbara | Ruth Sousa |
| Priscilla Hughes | De Lap | Linda Granci |
| Marilyn Fore | Irene Bradley | Vicki Frank |
| Sven & Barbara | Soriah Chavez | Christopher |
| Svensson | | Barlow |
| Laurie Bienz | Abraham Haddad | Tracy McTernan |
| Brent Dodson- | Olga Bodnar | Scott Fafrak |
| Sands | Marianne Gerace | Jordan Smith |
| John Alden | Lori Medina | Rebecca Baia |
| Lara Davis | Michael Baron | Janet Worthington |
| Philip Leahy | Gabriel Preisler | Patti Klinkovsky |
| Marcie Dark | Todd Bailey | |



Vocation Icon:
Today: Carol Donlin
Next Sunday:
Davidson-Talley Family

Intentions of the Rosary:

1st Decade: Help for persecuted Catholics, especially in communist and Islamic states
2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church
3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church
4th Decade: Repose of the souls who have no one praying for them
5th Decade: Healing of the sick in body, mind and soul

Holy Father's Intentions for July Social Friendship

We pray that, in social, economic and political situations of conflict, we may be courageous and passionate architects of dialogue and friendship.

“Take heart! It is I! Do not be afraid.” Our Lord came to his disciples walking on water, and he called Peter to do the same. In fear and faith, he answered Jesus’ call. Is he calling you to follow him as a priest, deacon, monk, or nun? Answering with your own fear and faith may be a blessing to you and to our Church. Contact the Vocations Office at 206-329-9219 or email: vocations@ephx.org



August 1, 2021

Cantor: Andrea Riley
Reader: Michael Wells
Altar Server: Michael Grega
Trojca: Lucy & Daniel Brewer
Counters: Rafael Plut, Ann Rajala

**Propers for 8/1/21
10th Sunday after Pentecost & Pro-
cession of the Cross**

Tone 1

Troparion (Tone 1) - 125
Troparion (Cross) - 254
v. Glory...
Kontakion (Cross) - 255
v. Now & Ever...
Theotokion - 406
Prokeimenon - 153 & 382
Alleluia - 256 & 382
Our Father- 66
Communion - 258 & 383

OLPH Prayer Warriors

Sunday (Zoom). Send your prayer requests to Patricia at pocb@unm.edu THE PRAYER WARRIORS IS OPEN TO EVERYONE--WOMEN, MEN, & CHILDREN (children who have their parents' permission)! Please join us!!

8/1 Comfort from Scriptures
& the Saints
8/8 Holy Spirit
8/15 Sleep
8/22 Voice
8/29 God Seeks Us

Barbara's Hall Report

Thanks to Dan & Andrea Riley for bringing a yummy lunch to help celebrate their 15th Wedding Anniversary. Meatball sandwiches, potato chips, and potato salad. Everything was delicious. Happy Anniversary to Dan & Andrea. May God grant you many more happy years together!

Coming Events—Mark Your Calendars Now

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| Mon Aug 2 | Beginning of Dormition Fast |
| Fri Aug 6 | Transfiguration of Our Lord / Solemn Holy Day 6:00 pm Divine Liturgy / Blessing of Fruit Myrovanije |
| Sun Aug 15 | Feast of the Dormition of the Most Holy Theotokos 10:00 am Matins-Liturgy with the Procession around the Church with the Burial Shroud of Our Lady / Blessing of Flowers |
| Wed Sept 1 | Start of the New Liturgical Year |
| Wed Sept 8 | Feast of the Nativity of the Theotokos 6:00pm Divine Liturgy / Myrovanije |
| Mon Sept 13 Tues Sept 14 | Exaltation of the Holy Cross 6pm Rite of Exaltation / Vigil Liturgy / Litija 9:00am—Divine Liturgy / Myrovanije |
| Fri Oct 1 | Protection of the Theotokos Solemn Holy Day 6:00 pm Divine Liturgy |
| Tue Oct 12 Wed Oct 13 | Father Chris 40th Anniversary 6:00 pm Divine Liturgy 6:00 pm Dinner at the Sheraton Uptown |

Teens Can Ask A Priest Anything!!

Hello OLPH teens. Do you have burning questions about the faith that you've been to scared to ask? Maybe, you would just like to hear the answers to questions from other teens. Now is the time! On Thursday, July 29th at 6:00 pm, Father Chris will be covering the immaculate conception, perpetual virginity, bodily assumption and soul of Mary into heaven, her role of intercession in bible and theology . Please come join us for this special time to grow in our faith and learn from Father Chris.

What: OLPH Women's Day of Reflection 2021

When: Saturday, October 16

Where: Our Lady of Perpetual Help Byzantine Catholic Church

We are blessed to have a speaker this year, Shelley Leif, who is coming all the way from St. Paul, MN. Shelley has a master's degree in pastoral ministries and a spiritual director certification from the Cenacle of Our Lady of Divine Providence School of Spiritual Direction. She is experienced in giving talks/retreats and is volunteering her time to lead our day of reflection this year.

Shelley will be leading us in reflections on peace of heart based on Searching for and Maintaining Peace by Fr. Jacques Philippe, a rich and practical treatise which has become a modern day classic. Shelley likes to use stories of real people and real struggles to help vividly illustrate the importance and difficulty in pursuing and maintaining the peace which is a gift of God.

"Peace I leave with you; my peace I give you; not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid."

John 14:27

First World Day for Grandparents and Elderly scheduled for 25 July

The Dicastery for the Laity, Family and Life announces the first World Day for Grandparents and the Elderly under the theme "I am with you always".

By Vatican News staff writer

The First World Day for Grandparents and the Elderly will be celebrated on Sunday 25 July 2021, announced the Vatican's Dicastery for the Laity, Family and Life in a press release on Tuesday. The theme chosen by Pope Francis for this inaugural commemoration is "I am with you always" (Mt 28:20). It expresses the closeness of the Lord and the Church to every older person, especially in these challenging times of the Covid-19 pandemic.

The theme, "I am with you always" is also "a promise of closeness and hope that young and old can mutually share", notes the press release. Not only are grandchildren and youths invited to be present in the lives of older people, but older people and grandparents also have a mission of evangelization, proclamation and prayer, and of encouraging young people in their faith.

Teens Can Ask A Priest Anything!!

Do you think that it was pretty silly of John to claim to be the disciple Jesus loved the most?

John doesn't really claim that. The gospel never says "I am the one loved the most." It is a statement by the others which John incorporates so as to remain anonymous. Notice that it is the other apostles who tell him to ask Jesus who among them is the traitor. Also, he is the only apostle to be at the crucifixion. John would have been a teenager, and youngsters your age tend to be less inhibited and more open to their emotions. He was comfortable affirming and reaching out to Jesus, and he lived the longest life of all of the apostles, almost 60 years after the resurrection. John is always shown beardless in images depicting Jesus' lifetime, due to his youth.

July 25: Dormition of St. Anna, Mother of the Virgin Mary

Tradition refers to St. Ann as being the mother of Virgin Mary. Although not written of in the Bible, the name Ann (grace) is given credence in the non-biblical gospel of James: this is a mix of Scripture and legends. Saint Ann was said to have been born in Bethlehem and married Joachim from Nazareth in Galilee. Joachim was a shepherd given the task of supplying the temple of Jerusalem with sheep for sacrifices. After twenty years of marriage Ann and Joachim had no children. This was a tragedy in Judaism: it meant that there would be no children to pray for their souls to be remembered, and they did not have a son who could have been the Messiah. Once, when Joachim overheard ridicule because of their childless state, he is said to have gone into the desert to plead with God to give them a child while Ann prayed at home. After a time of fasting angels appeared to both of them, saying they would be given a child they were to name Mary, who would be the mother of the Messiah. Icons show them embracing each other with the joyful news. The Shrine of Saint Anne de Beaupre, in Canada, has two major relics, one from the wrist of Saint Anne, with skin and flesh still visible and fresh at the junction of wrist and thumb, and a part of the forearm, given by the basilica of St Paul Outside the Walls in Rome. Our parish has a tiny first-class relic of Saint Ann from that large relic.

July 27: St. Panteleimon

St Panteleimon (also called Pantaleon) is an enormously popular saint. In the West he is counted among the Fourteen Holy Helpers. In the East he is one of the Holy Unmercenary Healers, (physicians who did not charge for their services and were known for miraculous cures during their lives on earth). He was a martyr of Nicomedia in Bithynia during the Diocletian persecution of 303 AD.

St. Alphonsus Liguori wrote of the saint's conversion to Christianity: He studied medicine with such success, that the Emperor Maximilian appointed him his physician. One day as our saint was discoursing with a holy priest named Hermolaus, the latter, after praising the study of medicine, concluded thus: "But, my friend, of what use are all thy acquirements in this art, since thou art ignorant of the science of salvation?"

The legend of Panteleimon's martyrdom is filled with heroic suffering. But he was indeed a real martyr, as veneration of him in the local church is very old, and a shrine was built in his honor by the emperor Justinian as a result. His name means "mercy for everyone" or "all-compassionate." He is said to have been beheaded under an olive tree, an appropriate spot given the medicinal uses of olive oil in the ancient world.

Vials of his blood is kept at Ravello in Italy, and in Madrid, Spain. The blood in each vial liquefies on his feast. This has failed in Madrid only twice: in 1914, right before World War I, and 1936, before the outbreak of the Spanish Civil War. With that track record, even non-churchgoing Spaniards check to see if the miracle occurs or not. The name Pamela is the feminine version of the saint's name.



Chrismation / First Holy Communion to Diego and Carla Ortega



**OLPH Patronal Feast /
Visit of Bishop John**

