June 2, 2024 / T one 1 / 2nd S unday A fter Pentecost Christ is Among Us! He is and Always Shall Be!



"Come follow me, and I will make you fishers of men" (Mt 4:19)

The SS Peter and Paul (Apostles) Fast

The Apostles Fast began on Monday, May 28th and lasts until June 28th. **How it used to be:** The Typikon prescribes strict abstinence on Mondays, Wednesdays and Fridays, with a mitigated abstinence (Wine and Oil) on Tuesdays and Thursdays. **How it is now:** Simple abstinence (no meat and meat products) is highly recommended on Mondays and Wednesdays and is required for all Fridays. According to the Ruthenian Metropolia is a penitential season and this fast may be observed voluntarily.

Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix
Most Reverend Kurt Burnette Apostolic Administrator
Our Lady of Perpetual Help Byzantine Catholic Church
1837 Alvarado Dr. NE, Albuquerque, NM 87110 Parish office: (505) 256-1539
www.olphnm.org

OFFICE HOURS:

Monday—Friday 10:00 am—4:00 pm Thursday OFF

THEOSIS: 2nd & 4th Thursday Bible Study 6:45 pm / Zoom

Advisory Board

Fr. Chris Zugger, Dan Riley, Rafael Plut, Jeff Brewer, Michael Grega, Alicia Wells

Finance Council

Matthew Blain, Maria Alden

May the Lord Bless your kindness and generosity to His House!

ONLINE GIVING / ONLINE TITHING

is available on our website:
For those parishioners who can't attend in person or traveling or anyone who find this more convenient, we just set up a new way to tithe online using your credit card or debit card information. You can do a one-time donation or setup weekly donations!! You will receive a receipt and statement immediately after donating. The software takes a very small percentage of the donation, but its worth it for the ease of the system. You can donate using your computer / smartphone at: ps://
www.olphnm.org/giving.

Father Artur Bubnevych, Pastor Rectory (505) 268-2877 abbaolph@gmail.com

Father Deacon Thomas Donlin donlin.thomas@gmail.com

Father Christopher Zugger pastor emeritus (505) 256-1787 Frchris.zugger@gmail.com www.frchriszugger.com

Father Tyler Strand (516) 661-0883 tylerastrand@yahoo.co.uk

Confession (Mystery of Reconciliation):

9:00—10:00 am on Sundays, before or after weekday Liturgies, or by appointment with Father

Mysteries of Baptism/Chrismation/ Eucharist:

Must be arranged three months in advance.

(Pre-Jordan requirement)

Mystery of Crowning:

Must be arranged six months in advance (Pre-Cana requirement)

Sick and Shut-Ins: It is the family's responsibility to notify the parish office when a parishioner is in the hospital or confined to home because of sickness or old age. Father will bring the confined person the Holy Mysteries on a regular basis. It is recommended that one receive the Anointing of the Sick before any major surgery. Please don't let the priest be last to know that someone is ill!

Welcome to our Church! If you are looking for a spiritual home, contact Father Artur/Fr Chris or the office staff for more information. God bless you!

Romans 2:10-16; Matthew 4:18-23

YouTube Live 8:30 am Rosary; 9:00 am Matins & Confessions

10:00 am Divine Liturgy / Intention for the Parishioners of OLPH

Eternal Lamp: Holy Protection of the Mother of God over People of Ukraine

June 3 Mon Lucillian and Others Martyrs / Rom 7:1-13; Mt 9:36-10:8

9:00 am Divine Liturgy / +Robert Mendoza by Svenssons

June 4 Tue Metrophone Patriarch / Rom 7:14-8:2; Mt 10:9-15

No Liturgy (Clergy Conference)

June 5 Wed Dorotheus Bishop-Martyr / Rom 8:2-13; Mt 10:16-22

No Liturgy (Clergy Conference)

June 6 Thu Bessarion and Hilary Venerables / Rom 8:22-26; Mt 10:23-31

2:00 pm Hierarchial Divine Liturgy, Ordination of Dcn Thomas Donlin to a

Presbyterate and Subdeacon Joshua Johnson to a Diaconate

June 7 Fri Theodotus Bishop-Martyr / Rom 9:6-19; Mt 10:32-36 & 11:1

9:00 am Prayer & Witness in front of abortion clinic on Lomas 6:00 pm Divine Liturgy / God's Blessing on Victoria Stocker by Emma Caruso

Jun 8 Sat Translation of the Relics of the Great-Martyr Theodore

Rom 3:28-4:3; Mt 7:24-8:4

9:00 am Divine Liturgy (masks required) / God's Blessing on Gina Maria Caruso by

Emma Caruso

June 9 Sun 3rd Sunday After Pentecost / Rom 5:1-10; Mt 6:22-34

4:00 pm Great Vespers (YouTube Live)

Hebrew Scriptures for Sunday:

YouTube LIVE Numbers 10:1-8; Kings 17:1-76; Ezekiel 34:1-2.9-10.22-29

5:00 pm Divine Liturgy / God's Blessing on Barbara Svensson by Svenssons

8:30 am Rosary; 9:00 am Matins & Confessions

10:00 am First Divine Liturgy of Thanksgiving/ Intention for the Parishioners of

OLPH

Eternal Lamp: Holy Protection of the Mother of God over People of Ukraine

YOUTUBE LIVE-STREAMING: OLPH Sunday / Holy Day Liturgies are available on YouTube. The link is https://youtube.com/c/olphmedia. Please click the "Subscribe" button to make it easier for you to find the channel in the future. Please, send your feedback about the quality of the live stream / comments / suggestions to Dan Riley: riley.dan@gmail.com

Remember Those Who Request Our Prayers:

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they

Sharif Rabadi Buster Miscusi Christopher Jenny Ford Harry & Barbara Barlow Marilyn Fore De Lap Jordan Smith Sven & Barbara Irene Bradlev Janet Worthington Svensson Soriah Chavez Patti Klinkovsky Laurie Bienz Abraham Haddad Matt Williamson Marianne Gerace James Epstein Brent Dodson-Sands Michael Baron Katy Ford Gabriel Preisler Lara Davis Alton & Barbara Carol Donlin Jessica Pieniadz Bertschinger Marcie Dark Rhonda Madalyn Davis Jesse Hebert Glasscock Rebecca Russo Amber Roybal Jacob McTernan Fr Chris Zugger Fr Chris Andrews Paola Terlaza Philip Leahy Fr Robert Rankin Juanita Montova Vicki Frank Fr. Steve Washko Linda Granci Emilv Wojćiechowski Richard Jacobs Jennifer Herrina

Intentions of the Rosary:

1st Decade: Help for persecuted Catholics, especially in

communist and Islamic states

2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church

3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church
4th Decade: Repose of the souls who have no one praying for them
5th Decade: Healing of the sick in body, mind and soul

Holy Father's Intentions / June

For migrants fleeing their homes We pray that migrants fleeing from war or hunger, forced to undertake journeys full of danger and violence, find welcome and new opportunities in the countries that receive them.

Lord Jesus Christ, you met the fishermen where they were and called them to follow you. You raised their vision to not only fish in the sea but to cast out spiritual nets to seek and save the lost. We humbly implore you to call all of us to follow you, and that you help those that you have called to the monastic life or holy orders to be faithful to your call, we pray you, hear and have mercy.

"Immediately they left their nets and followed him." Hearing the call, Peter, Andrew, James and John left one calling to become fishers of men. The life of prayer and devotion in monasticism and holy orders is a special way to live this calling. Is Christ calling you or someone you know to do the same? Contact the Vocations Office at 206-329-9219 or email: vocations@ephx.org





Vocation Icon
Today: Fogg Family
Next Sunday:
Gloetzner Family

June 9, 2024

Cantor: Andrea Riley Reader: Michael Wells Altar Server: Michael Grega

Troijca: Alaina Riley

Counters: Mary Blain; Ann Rajala

Propers for 6/9/2024 Third Sunday after Pentecost Tone 2

Troparion - 130
v. Glory...
Kontakion - 131
v. Now & Ever...
Theotokion- 406
Prokeimenon & Alleluia- 132
Our Father- 67

The OLPH Prayer Warriors

make intercessory prayer a daily commitment. We pray voluntarily and without bias; that is, we take to the Blessed Trinity the requests that come our way.

The Prayer Warriors meet on Zoom every Sunday at 9:30 a.m. for themed meetings. If you would like to join the Prayer Warriors, would like additional information, and/or would like for us to pray for your intentions, please contact Patricia

Alicia's Hall Report

Thanks to everyone who contributed to the stir fry social last week! Stir fry is always a hit. Next week, Father Deacon Thomas Donlin will be celebrating his first Divine Liturgy! We'll celebrate after with a spaghetti and meatball luncheon. Please sign up to bring salad or garlic bread or to host or co-host anytime this summer! https://www.signupgenius.com/go/10C054AAAAAA2AA4F94-olph. Have a blessed week!

Coming Events—Mark Your Calendars Now

Mon Jun 24	Birth of John the Baptist/Solemn Feast 6:00 pm Divine Liturgy
June 27-30	ByzanTeen Youth Rally at the University of San Diego
Fri June 28	Peter and Paul Preeminent Apostles Holy Day of Obligation 6:00 pm Vigil Divine Liturgy
Sun July 7	50th Jubilee OLPH Patronal Feast
Tue July 16	6:00 pm Advisory Board Meeting
Fri July 19	Elijah Great Prophet / Simple Holy Day 6:00 pm Vigil Divine Liturgy
Thu Aug1 Wed Jul 31	Beginning of Dormition Fast 6:00 pm Vigil Divine Liturgy/Lesser Blessing of Water / Blessing of Honey
Mon Aug 5 Tue Aug 6	Transfiguration of Our Lord / Solemn Holy Day 6:00 pm Vigil Divine Liturgy/Blessing of Fruit 9:00 am Divine Liturgy/Blessing of Fruit
Wed Aug 14 Thu Aug 15	Dormition of the Theotokos Holy Day of Obligation 6:00 pm Deposition of the Shroud / Liturgy / Blessing of Flowers 9:00 am Divine Liturgy / Myrovanije
Thu Aug 29 Wed Aug 28	Beheading of John the Baptist Simple Holy Day 6:00 pm Vigil Divine Liturgy
Sun Sep 1	Beginning of the New Church Year
Fri Sep 13 Sat Sep 14	Exaltation of the Holy Cross Solemn Holy Day 6:00 pm Vigil Divine Liturgy / Blessing of Litija 9:00 am Divine Liturgy
Mon Sep 30	Protection of the Theotokos Solemn Holy Day 6:00 pm Vigil Divine Liturgy
Tue Oct 15	Celebration of the OLPH 50th Jubilee 3:30 pm Hierarchical Divine Liturgy 6:00 pm Dinner at Sheraton 7:30 pm Dancing with a live band (Die Polka Schlingels)

EPARCHIAL APPEAL 2024

The Annual Eparchial Appeal this year runs from **February 1st to August 31st**. The pledge form and information for the appeal was mailed directly from the Bishop's office to your home. Collected to date: **\$7,512.00**. Our parish goal for this year is **\$17,860.00** which bring it down to **\$300.00 per family.** We are requested to send our pledges directly to the Bishop's office in Phoenix, AZ, and our checks made to the Eparchy of Phoenix. Thank you!

ORDINATION OF DEACON THOMAS DONLIN TO THE HOLY PRIESTHOOD

On Thursday afternoon June 6th at 2:00 pm Hierarchical Divine Liturgy Bishop Kurt Burnette will ordain our beloved Deacon Thomas to the Holy Order of Priesthood at Our Lady of Perpetual Help Byzantine Catholic Church.

FIRST DIVINE LITURGY OF THANKSGIVING

On Sunday June 9th 2024 at 10:00 am Father Thomas Donlin will celebrate his First Divine Liturgy of Thanksgiving. Following the Liturgy Fr Thomas will confer his First Priestly blessing. Afterwards everyone is invited to a lunch in the Parish Hall.

Please, keep Dcn Thomas in your prayers as he prepares to receive the most sublime gift of Priesthood!

Byzan-TEEN 50/50 Raffle a Huge Success!

Thank you to all who participated in our 50/50 raffle. It was a fantastic success! The winner of the raffle is Rich Heinsman! Ever generous, Rich has kindly donated his winnings back to us. The Byzan-TEEN rally is only a month away. Please pray for our safe travels and time at the rally with the other Byzantine youth from around the country.

Sunday July 7th – OLPH Patronal Feast day

The celebration will start on Saturday at 4pm with **Great Vespers** and blessing of Litija. Sunday morning **Festal Matins** at 9:00 am followed by the **Solemn Divine Liturgy** at 10:00am with the Procession around the church and reading of the four Gospels followed by Myrovanije anointing with partaking of the Litija bread as it is customary on such occasion.

Parish Picnic and Pool Party is scheduled at 3 pm at Jileks house (817 Lamp Post Circle SE)

Prayerful THANK YOU to Richard and Janice Jacobs for installing the new industrial Velcro to hold the Holy Shroud in place in the frame. May God grant you many happy years!

The Men's March for Life will be held on Saturday June 8th

Father Michael DePalma will celebrate Mass at 8:30 AM, share a Pro-Life Life message, and give a blessing before the March. Then after Mass, the guest speaker is Steve Karlen, National 40 Days for Life Campaign Director and co-author of "What to Say When ...". The Mass and presentation will be at the UNM Newman Center, 1815 Las Lomas Rd.

Bring a friend, and join this event to pray and witness for an end to abortion in New Mexico.

Also, overnight Eucharistic Adoration will be held at the UNM Newman Center, starting at 9 PM on Friday June 7th. Sign up for your Holy Hour by contacting Jacob Tafoya at muconm@gmail.com or Curt@defendinglife.org. A scriptural Rosary will begin at midnight. This year the Men's March for Life will once again be devoted to Our Lady of Guadalupe, Patroness of the Unborn.

A free will donation will be collected in the Parish Hall for our friends at the Cherub Initiative, Albuquerque's top sidewalk counseling organization. Financial donations are greatly appreciated and can be received at the Men's March or at the Cherub web site, www.cherubinitiative.epizy.com. After Steve's presentation, there will be one and a half miles march to the late-term abortion mill at 522 Lomas Blvd NE and a Prayer of the Holy Rosary will be held that women and children in the womb will be protected from abortion.

My Life is a Gift by Laurie Bienz, 12-24-2023

When a child is conceived a double gift is given, life to the child and the child to the parents. I stop. I cannot see my life as a gift. My parents never saw me as a gift. I began to think about what a gift is. A gift is something meaningful that is given to someone you care about. I wondered how my life could be a gift. My thoughts turned to God's gift to man, His Son, Jesus—Jesus came into the world as a baby, leaving His glory and immortality, muting His power, accepting the constraints of time and space and the limitations of being human. His life became a gift to those He encountered: Mary and Joseph; Elizabeth and John; Simeon and Anna; the disciples, the sick and the poor. He gave acceptance, dignity, worth and hope to those He touched along with healing and forgiveness. Jesus willingly took on everyone's sins and paid the price that was demanded. He laid down the life He had been given, His gift of salvation to us. He rose from the dead to give us the gift of eternal life. I came to Jesus to ask for forgiveness and to accept His gift of salvation. He washes away all the dirt, grime and stains of a lifetime of sin. When I am clean, He wraps me in a spotless white robe. Jesus gives me the gift of a new life in Him and with Him. "How do I live this new life?" I ask. Jesus points to the Bible, "You will find instructions and guidelines there. Obey the commandments to avoid sin. Live the beatitudes to become more like Me. Strive for the virtues as these will help harness your passions. Show mercy with acts of mercy. Pray always. This will help keep your mind and heart centered on me. Let love infuse all you do. When you stumble and fall, come to me in confession for healing and forgiveness. Let me fill you to overflowing with my love and graces. As you live your new life with me and in me, we will become a gift to all you encounter. "What an amazing thing, to see my life as a gift to others! Thank you, Jesus.

We have completed the First Week of the The Apostles' Fast

Our Liturgical Year has a rhythm, much like the tide coming in and going out – only this rhythm is an undulation between seasons of fasting and seasons of feasting. Every week, with few exceptions, is marked by Friday fast, and every celebration of the Divine Liturgy is prepared for by eating nothing at least an hour before the reception of the Holy Eucharist.

It is a rhythm. Our modern world has lost most of its natural rhythm. The Scriptures speaks of the rhythms of the world – "the sun to rule by day… the moon and stars to rule by night…"

The rhythm of the Church does not seek to make us slaves of the calendar nor does it treat certain foods as sinful. It simply calls us to a more human way of living. It's not properly human to eat anything you want, anytime you want. Even Adam and Eve in the Garden initially knew what it was to abstain from the fruit of a certain tree.

We do not starve when we fast – we simply abstain from certain foods and generally eat less.

At the same time we are taught to pray more, attend services more frequently, and to increase our generosity to others.

But it is a rhythm – fasts are followed by feasts. The fast of the Apostles begins on the second Monday after Pentecost and concludes on the Feast of Sts. Peter and Paul on June 29. Most of Christendom will know nothing of any of this – that Eastern Christians will have begun a Fasting period while the world begins to think of vacations.

The contemporary God is much the same as the contemporary diet – we want as much of Him as we want – anytime, anywhere. There is no rhythm to our desire, only the rise and fall of passions. God does not punish those who fail to fast. They simply continue to become less and less human. We will not accept the limits and boundaries of our existence and thus find desires to be incessant and unruly. It makes us bestial.

For those who have begun the fast – may God give you grace! For those who know nothing of the fast – may God give you grace and preserve from a world that would devour you. May God give us all the mercies of His kindness and help us remember the work of His Blessed Apostles! (adopted from https://www.oca.org/reflections/fr.-stephen-freeman/the-apostles-fast)

