

LORD'S PASCHA / April 9, 2023



“You have descended into the realm of Death O Christ, and have broken ancient bonds which held the captive. You arose from the tomb on the third day like Jonah from the whale.” (Ode 6, Resurrection Matins)

CHRIST IS RISEN—HE IS TRULY RISEN! Our traditional icon of Christ's Resurrection is the Descent into Hell. It depicts the broken doors of hell and the torn shackles of sinfulness. The Resurrection of Christ is a Feast of Victory, the victory of life over death, of God's truth over the devil's lies, of love over hatred, joy over sadness, peace over war, long-suffering over panic, kindness over anger, faithfulness over betrayal, silence over restlessness, self-denial over gluttony. In His Resurrection, Christ emerges not only from the empty tomb, but also from the depths of hell and He does not come out alone but taking the hands of the first parents Adam and Eve, he sets us all free who were swallowed up by death, slavery and humiliation, as the whale once swallowed the prophet Jonah.

In his Paschal sermon, St. John the Chrysostom notes that the enemy of the human race “took a body, and met God, took earth and encountered Heaven... took that which was seen, and fell upon the unseen.” Dear Parish Family, today let us embrace each other with brotherly hugs and share

Easter joy of Divine Forgiveness exchanging that victorious hymn "Christ is Risen!"

Wishing you all a delicious Pascha and bright Eater Joy! May the grace of the Risen Christ, the love of God the Father and the communion of the Holy Spirit be with you all! Fr Artur and Fr Chris

**Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix
Most Reverend Kurt Burnette Apostolic Administrator**

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Parish Membership

From time to time it is good for us to reflect on what constitutes membership at Our Lady of Perpetual Help...a time to reflect on our relationship to God and His Church which is expressed by our commitment to this parish.

Our parish community is open to any Catholic and to anyone

1. who is interested in seeking the Lord Jesus through His Word, the teachings of the Apostles, and the Sacred Mysteries;
2. who accepts the teachings of the Catholic Church;
3. who will help form a community based on the Lord's love;
4. who is willing to grow as a Christian within the legitimate spiritual traditions of the Byzantine Catholic Church within our American context;
5. who acknowledges the legitimate authority of the Pope, Bishop, and Pastor;
6. who will attend liturgical services on Sundays and great holydays;
7. and who is willing to support the growth of the Church (Eparchy and Parish) by sharing his/her time, talent and treasure (financial support);

Actual Parish membership is based on the above and is determined by the following criteria:

1. Being registered
2. Attending liturgical services regularly on Sundays and Holydays
3. Contributing to the support of the Church—both Eparchy (Bishop's Appeal) and Parish through use of the Sunday Tithing envelopes!

Membership in the parish gives the parishioners the right to have their children receive the Holy Mysteries of Christian Initiation, be married in church and be buried from the church.

Summary from the Eparchial Pastoral Handbook on "Membership in a Parish"

**Welcome to our Church! If you are looking for a spiritual home, contact
Father Artur/Fr Chris or the office staff for more information. God bless you!**

Acts 1:1-8; John 1:1-17

YouTube Live 9:00am Resurrection Matins / Liturgy / Blessing of Baskets /
Paschal Potluck in the Hall
Eternal Lamp: Holy Protection of the Mother of God over People of Ukraine

FAST FREE WEEK

Apr 10 Mon ***Bright Monday / Solemn Holy Day / Acts 1:12-17 & 21-26; Jn 1:18-28***

YouTube Live 6:00 pm Paschal Liturgy / Procession around the church with reading of the Paschal Gospels / God's Blessing on Sebastian Talamante by Mom & Dad

Apr 11 Tue ***Bright Tuesday / Simple Holy Day / Acts 2:14-21; Lk 24:12-35***

9:00 am God's Blessing on Cruz & Elina Talamante by Talamantes

Apr 13 Wed ***Bright Wednesday / Acts 2:22-36; Jn 1:35-51***

5:30 pm OLPH Devotions

6:00 pm God's Blessing on Barbara Svensson by Svenssons

Apr 13 Thu ***Bright Thursday / Acts 2:18-43; Jn 3:1-15***

6:45 pm Theosis Bible Study

Apr 14 Fri ***Bright Friday / Acts 3:1-8; Jn 2:12-22***

9:00 am Prayer & Witness in front of abortion clinic on San Mateo/Lomas

6:00 pm God's Blessing on Ana Elisa Talamante by Talamantes

Apr 15 Sat ***Bright Saturday / Acts 3:11-16; Jn 3:22-33***

9:00 am Explorer Anniversary Liturgy / God's blessing on Sangre de Cristo Explorer Group, their leaders and families

10 am—4 pm Anniversary celebration in the Hall

Apr 16 Sun ***Thomas Sunday / Acts 5:12-20; Jn 20:19-31***

4:00 pm Great Vespers (YouTube Live)

5:00 pm +Olga Correa by Mejia-Santos Family

Hebrew Scriptures for Sunday: Exodus 19:3-9; Amos 9:11-15; Isaiah 26:1-8

YouTube Live 8:30 am Rosary 9:00 am Matins & Confessions
10:00 am Divine Liturgy for Parish Family, Benefactors & Friends
Eternal Lamp: Holy Protection of the Mother of God over People of Ukraine

YOUTUBE LIVE-STREAMING: OLPH Sunday / Holy Day Liturgies are available on YouTube. The link is <https://youtube.com/c/olphmedia>. Please click the "Subscribe" button to make it easier for you to find the channel in the future. Please, send your feedback about the quality of the live stream / comments / suggestions to Dan Riley: riley.dan@gmail.com

Remember Those Who Request Our Prayers:

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they may glorify your might divine

Sharif Rabadi	Buster Miscusi	Paola Terlaza
Jenny Ford	Barbara De Lap	Ruth Sousa
Marilyn Fore	Irene Bradley	Linda Granci
Sven & Barbara	Sorilah Chavez	Vicki Frank
Svensson	Abraham Haddad	Christopher
Laurie Bienz	Marianne Gerace	Barlow
Brent Dodson-	Lori Medina	Jordan Smith
Sands	Michael Baron	Janet Worthing-
Lara Davis	Gabriel Preisler	ton
Carol Donlin	Jessica Pieniadz	Patti Klinkovsky
Marcie Dark	Rhonda	Matt Williamson
Jesse Hebert	Glasscock	James Epstein
Fr. Chris Zugger	Amber Roybal	Katy Ford
Fr Chris Andrews	Philip Leahy	Jacob McTernan
	Juanita Montoya	

Intentions of the Rosary:

- 1st Decade: Help for persecuted Catholics, especially in communist and Islamic states
- 2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church
- 3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church
- 4th Decade: Repose of the souls who have no one praying for them
- 5th Decade: Healing of the sick in body, mind and soul

Holy Father's Intentions April

For a culture of peace and non-violence

We pray for the spread of peace and non-violence, by decreasing the use of weapons by States and citizens. .

Christ is Risen! "The Word became flesh and dwelt among us." Being ordained or consecrated as a monastic is a special way to bring the presence of the Risen Christ to this world. This may be something that God is calling you to do! Contact the Vocations Office at 206-329-9219 or email: vocations@ephx.org



Vocation Icon

Today: Brewer Family
Next Sunday: Donlin Family



April 16, 2023

Cantor: Andrea Riley

Reader: Michael Wells :

Altar Server: Michael Grega

Trojca: Lucy Wells & Raven Grega

Counters: Jana Brewer & Ann Rajala

Propers for 4/16/2023

Thomas Sunday

Troparion - 175

v. Glory...

Kontakion - 176

v. Now & Ever

Theotokion - 406

Prokeimenon & Alleluia - 176

Instead of 'It Is Truly Proper' - 167

Our Father- 167

Communion Hymn - 177

Dismissal - 170

OLPH Prayer Warriors

Sunday (Zoom). Send your prayer requests to Patricia at pocb@unm.edu

THE PRAYER WARRIORS IS OPEN TO EVERYONE--WOMEN, MEN, & CHILDREN (children who have their parents' permission)!

Please join us!!

Alicia's Hall Report

Christ is Risen from the dead!!! We had quite the scrumptious feast for Palm Sunday. Sami and William Hoffman brought minestrone, home baked garlic bread and shortbread. Mary Rose introduced many of us to chilaquiles, which will be a new go to for several of us. Many others brought a colorful assortment of toppings. Katy Ford and the family provided dozens of eggs both for the meal and to share with parishioners! And Tom Sullivan and one of his sweet daughters washed the dishes. Thanks to all who helped and God grant you all many blessed and happy years! Next week we'll host for Emilia's 8th birthday. Please sign up to host or co-host for your special day: <https://www.signupgenius.com/go/10C054AAAAA2AA4F94-olph>

Dearest Parish Family:

Christ is Risen – He is Truly Risen!

THANK YOU for your gifts and sacrifices during this Holy Ascetical “marathon” to Christ’s Pascha. Your efforts in serving, beautifying, singing, cleaning, caring for youth, waging endless prayer battles for those in need, your authentic LOVE and generosity - all of that and more is brought to the Altar of the Lord as a sacrifice of thanksgiving and a humble offering towards His greater Glory and salvation of the many immortal souls.

A SPECIAL Paschal BLESSING to our tireless volunteers who keep OLPH an exemplary parish: to all the little OLPHERs, to the youth leaders, to the cantors, readers and choir, to the servers, the Prayer Warriors, to Theosis students and leaders, the bakers, the cooks, the ushers, the greeters, the counters, the bookkeepers, the ECF teachers, the sacristans, the decorators, the financial contributors! Many Many Thanks to everyone who supports and helps Ukraine big and small, thank you for your prayerful shield! May the Risen Lord BLESS your love and generosity to His Church!!! Fr Artur.

BRIGHT WEEK is the first week following the Resurrection of Our Lord and Savior Jesus Christ. It ends on Sunday of Anti-Pascha or Sunday of St. Thomas. Bright Week begins a period of celebration that continues for fifty days until Pentecost.

This celebration includes the practice of the faithful joyously greeting each other with the salutation of “Christ is risen”, followed by the response “Indeed He is Risen” or “Truly He is risen”, as the whole of creation is renewed by Our Lord and Savior. The services of Bright Week are done with the Royal Doors fully open. This unblocked view of the altar symbolizes the open door of Christ’s empty tomb as well as the rent veil of the Jewish temple, which was torn apart at the moment Christ died. The entire week is considered to be one continuous day and the main reason why fasting is completely prohibited to all during the week.

During Bright Week morning and evening prayers are replaced by the Paschal Hours.

PASCHA TO PENTECOST: 50 Days of Grace

We are celebrating the feast of the Bright Resurrection of the Son of God. These 50 days are days of light, joy, grace, and peace. We especially strive to maintain what is known as “Paschal joy.” What is this joy? Our realized happiness that we have spiritually died, been buried, and resurrected with Christ. Christ’s Death and Resurrection is at the same time our own taste of death to sin and genuine resurrection. Saint Paul teaches us that having died to the “old man” (the ways of sin) we, through Christ, have been born again in the “New Man.” “You have been raised to life with Christ. Set your hearts, then, on the things that are in heaven, where Christ is seated at the right hand of God. Let your thoughts dwell on things there, not on things here on earth. For you have died, and your life is hidden with Christ in God. Your real life is Christ, and when He appears, then you too will appear with Him in glory.” (Colossians 3:1-4) Newness of life has been given to us by and in Christ Jesus. It is the greatest gift. Let us hold fast to it and guard it from the devil’s envy. Let us be sure to be completely dead to our old habits of passion and sin; and alive in the righteousness of Jesus Christ.

Let us continue to celebrate in word and deed, living:

A Pascha worthy of veneration,
A Pascha which is Christ the Redeemer,
A blameless Pascha,
A Pascha of the faithful!

Liturgical Notes About the Paschal Season

This period of great festivity and joy finds its liturgical expression in the following manner:

- ◆ We greet each other with the Paschal salutation, “Christ is risen! Indeed He is risen!” for 40 days, until Ascension Day.
- ◆ We do not kneel or make prostrations either at church services or in our homes until the “Kneeling Prayers” at Pentecost.
- ◆ The Paschal Troparion, “Christ is risen from the dead” is sung or said at the beginning or end of all prayers until the Leave-taking of Pascha on the Eve of Ascension.
- ◆ During Bright Week, morning and evening prayers are replaced by the Paschal Hours.
- ◆ The prayer, “O Heavenly King” is omitted until Pentecost, being replaced with the Troparion of Pascha and then Ascension.

(taken from the Holy Angels Parish bulletin by Fr James Bankston)

The Hours Of Pascha - *During Bright Week, it is customary to replace one's morning and evening prayers with the Paschal Hours:*

Through the prayers of our holy Fathers, O Lord Jesus Christ our God, have mercy on us.
Amen.

Christ is risen from the dead! By death he trampled death;
and to those in the tombs He granted life. (3x)

Tone 6 samohlasen: Having beheld the Resurrection of Christ, *let us bow to the holy Lord Jesus, *who alone is sinless. *We bow to your Cross, O Christ, *and we praise and glorify your Holy Resurrection; *for You alone are our God, *and we know no other. *We call on You by name. *Come all you faithful, *let us bow to the Holy Resurrection of Christ, *for behold, through the Cross, joy has come to the whole world. *Always blessing the Lord, *let us praise His Resurrection. *By enduring the Cross for us, *He destroyed death by death!

Tone 4 samopodoben: The women with Mary before the dawn *found the stone rolled away from the tomb, *and they heard the angel say: *"Why do you seek among the dead, as a mortal, the One who abides in everlasting light* Behold the linens of burial *Go in haste and proclaim to the world* that, having conquered death, the Lord is risen;
*for He is the Son of God, the Savior of all."

Tone 8: Although You descended into the grave, O Immortal One* You destroyed Hades' power.* You arose as a Victor, O Christ God.* You exclaimed to the myrrh-bearing women: Rejoice!* You gave peace to Your apostles* and granted resurrection to the fallen.

Tone 8: When Your body was in the tomb and Your soul in Hades,* when You were in paradise with the thief,* You were also seated upon the throne with the Father and the Holy Spirit,* O Christ, as God You are everywhere present and fill all things.

Glory to the Father, and to the Son, and to the Holy spirit:

Tone 8: Your life-giving tomb, O Christ, has appeared to us* as truly more precious than paradise* and more brilliant than any other dwelling place.* It is the source of our Resurrection.

Now and ever, and forever, Amen.

Tone 8: Rejoice, O sanctified dwelling place* and divine tabernacle of the Most High!* It is through you, O Theotokos that joy is given to us;* therefore we cry out; *
Blessed are you among women, O all-immaculate One!

Lord, have mercy. (40x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and forever. Amen.
More honorable than the Cherubim,* and beyond compare more glorious than the Seraphim,* who, a virgin, gave birth to God the Word,* you, truly the Theotokos, we magnify.

Through the prayers of our holy Fathers, O Lord Jesus Christ our God, have mercy on us.
Amen.

Christ is risen from the dead! By death he trampled death;
and to those in the tombs He granted life. (3x)

And to us he granted life eternal.

Let us bow before his resurrection on the third day!



Otter Skits Saturday :)

